

# ***THE BLUE BERET***



**JULY 1981**



# JUNE IN RETROSPECT

## ROTATIONS

17 Rear Admiral D Brown, Assistant Chief of the Defence Staff, and Sqn Ldr P Butcher, to HQ UNFICYP, British elements and Sector 4.

## MEDAL PARADES

24 UNFICYP Military Police Company

## VISITS

2—4 Col R Tudor, Commandant of the Canadian School of Administration and Logistics, to the Canadian Contingent.

18—24 SSgt Popplewell to the Force Scout Car Sqn on a recce for 13/18 Hussars.

2—17 Capt Erik Plovdrup to the Danish Contingent to assist with the rotation.

18—25 Maj Amos, Maj Young and WO Graham to the Canadian Contingent for the handover of Command Airborne Commando.

8 Lt Col B Connor and Mr M Shepherd, Communications Project Agency (LPA) Team, to the British Contingent.

22—25 Mr L Svensson, Mr K Sarllefalk, Mr M Backer and Mr L Johansson, Swedish Magazine Editors, to the Swedish contingent, HQ UNFICYP and Sector 4.

9 Col Paviour, Assistant Adjutant General, Ministry of Defence to HQ UNFICYP.

9 Mr J Bullard, Deputy Under Secretary Foreign & Commonwealth Office, to HQ UNFICYP.

24 Mr S Singh, Director of Overseas Services and Procurement, Department of the Environment, to PSA/DOE Nicosia and HQ UNFICYP.

11 Col Penttinen, Capt Ruotsalainen and Lt Attoniemi to the Finnish Contingent.

24—2 Jul BGEN D Holmes, Colonel in Chief of the Canadian Airborne Regiment, Mrs Holmes and Capt Edwards on a visit to the Canadian Contingent.

15—16 Mr Ingeleif Ohman and Mrs Asplund, Television Editors to the Swedish Contingent and HQ UNFICYP.

# FUTURE EVENTS

## JULY

### 15 Dr Patrick Moore at Curium Theate.

On Wednesday 15 July, Dr Patrick Moore will be the guest of the Curium Music Society for a concert of music chosen by himself. Dr Moore is world famous for his Stars At Night programme which has been relayed by television to most countries of the globe. An evening of excellent music and hear an expert talk about the stars, satellites and planets that circle over your head as you relax in the moonlight at Curium.

Limassol. A full programme of Folk and Classical dances, concerts of music and singing, exhibitions, etc.

15—21 **Troodos Open Tennis Tournament.** An open tennis tournament will be held in Troodos during the second fortnight of July. Open to all without restriction including foreigners and professionals.

### 11 UNPA Swimming Pool

On Saturday 11 July at 2000 hrs, Dr Patrick Moore presents "Exploring The Planets".

1—15 **International Art Festival of Limassol.**

VOLUME 18 NUMBER 7

# JULY 1981

Published monthly by the Military Public  
Information Office of the United Nations  
Force in Cyprus, HQ UNFICYP,  
P.O.Box 1642, Nicosia, Cyprus.

Printed in Cyprus by Zavallis Press Limited,  
Tel. 65124, P.O.Box 1142 Nicosia, Cyprus

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The Blue Beret is the house journal of the United Nations Force in Cyprus and, as such, is intended to provide a source of information on current events within the Force, on UN matters of general interest and on local tourist advice.

Articles of general interest are invited from all members of the Force. Descriptions of recent local events or of visits to places of interest are welcome. Illustrations are most welcome. Photographs should be in black and white on glossy paper. This is an official publication prepared under the direction of the Force Commander. The views expressed are, however, those of the author concerned and do not necessarily conform with official policy.

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## on the cover

A United Nations soldier escorts a Greek Cypriot farmer and his wife into the UNBZ

# THE BLUE BERET



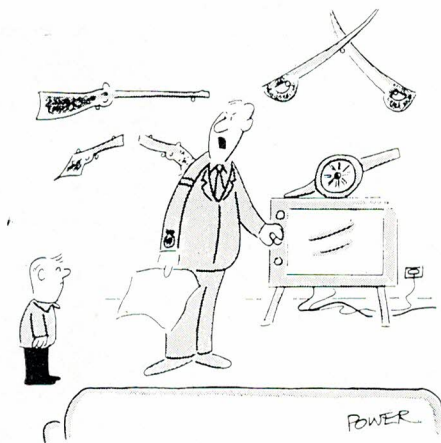
## Editorial

Just to prove that nothing has really changed since the introduction of the helicopter in the early 1940's, I am producing a quote from a speech by Igor Sikorsky who designed the venerable Whirlwind helicopter (84 Sqn Det RAF flies them!)

"My first helicopter demonstrated many of the characteristics of modern helicopters:

- it cost considerable money;
- it made a great deal of noise;
- it had much vibration;
- it generated great clouds of dust;
- it had one minor technical problem—it would not fly—but otherwise it was a good helicopter;
- control and stability were serious problems. The first motion picture showed such an unstable and erratic machine that we never showed the films to outsiders except in slow motion, which slowed the dithering and bobbing into graceful weaving . . .

"After one of our early demonstrations to a few guests, one of the guests said: 'It's a remarkable machine. It hovers, flies sideways and even backwards. But I haven't seen it fly forward'. I was forced to answer: 'Yes, forward flight is a minor technical problem we have not solved yet'. In fact for some time the helicopter flew better backwards than forwards. However, by steady, patient work we solved these problems . . ."



"What do you mean, you don't like war films!"

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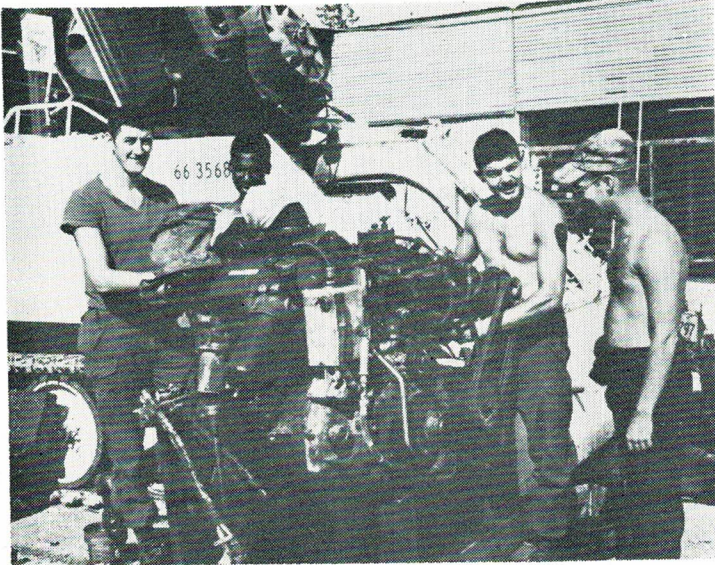
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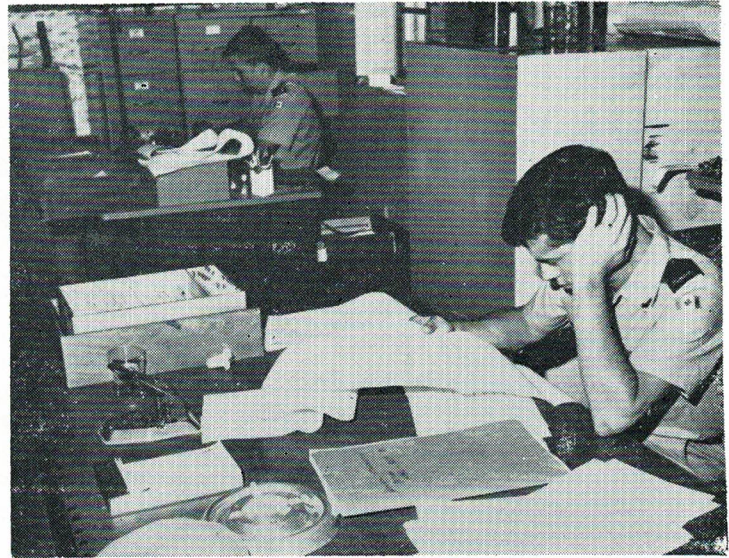
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Repairing that large "lawn mower" engine out of a M113 APC.



Admin clerks of the Contingent Orderly Room.

# AIRBORNE SERVICE COMMANDO

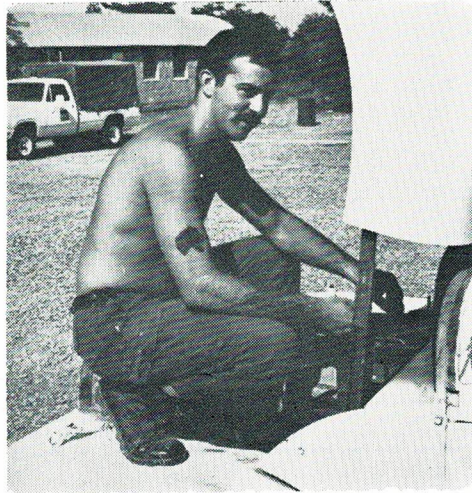
A vital element in the operational capabilities of any military unit is the logistic and administrative support it receives to carry out the unit's assigned mission.



By Greg Jensen

In the highly technological and fast-moving world in which we live, service support for the troops in direct contact becomes even more critical. A highly organized and skilled team of technical and administrative experts is required to sustain operations by the "fighting" elements. This is especially true during peace-keeping operations where unique conditions and problems exist.

The tradesmen and experts of the Airborne Service Commando form an extremely important part of the Airborne team. The Service Commando is the only first line service support unit in the

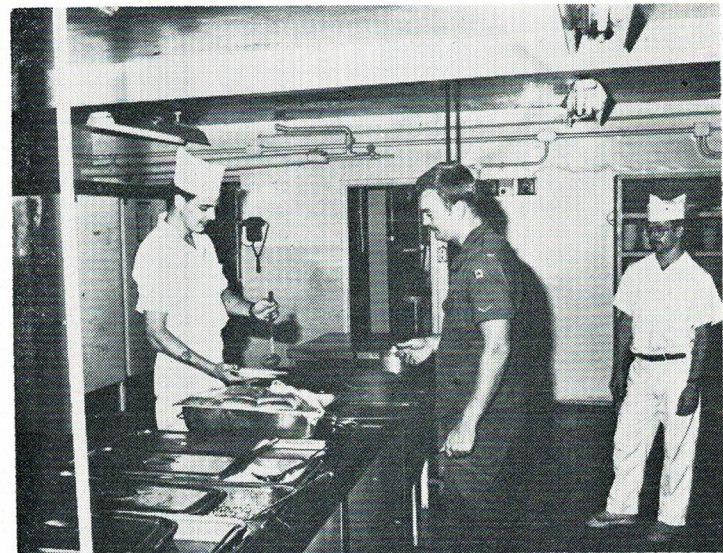


Driver maintenance is an important part of the routine in the Transport Platoon.

Canadian Forces. The unit has a normal strength of over 130 paratroopers of all ranks. The Commando provides first line supply, maintenance, transport, medical and food services to the Airborne Regiment and the Airborne Battle Group on all training exercises and operations.

In Cyprus, the Service Commando has an expanded role in addition to normal support services. This includes dental services, air movements, engineer support, administrative services, pay, welfare, postal and canteen services.

In addition to being skilled tradesmen, all members of the Airborne Service Commando are trained paratroopers and participate fully in all para operations and exercises. This makes these soldiers unique not only within their trades, but within the Canadian Forces as well.





Fire fighting in the Buffer Zone.

## GETTING TO GRIPS WITH THE JOB

By Andrew Farquhar

Over the last month the 1st Battalion The Green Howards have been settling in and learning their new role with UNFICYP. In England the Battalion was stationed at Catterick Garrison, in North Yorkshire, and our job there was in a conventional role, as opposed to the role of peacekeeping here in Cyprus. So, after the initial flurry of changing over the flags and notice boards at Sector 2, we got down to the serious business of getting to grips with the job.

The most important task was clearly to learn the ground and the general situation at each OP. This has taken some time and for us Yorkshiremen it has in-

involved much tongue-twisting to pronounce the local names correctly. There have been platoon competitions for accuracy and even wooden spoons for the dunces!

As everyone knows, the British Army marches on its stomach, but the new experience for us in Cyprus is having to cook the food for ourselves. This has been one of the most enjoyable parts of the training and many Green Howards are now considered to be "Cordon Bleu" standard on egg and chips!

The most exciting moments so far have been fighting the fires in the UNBZ.

The farmers have been burning off stubble in their fields and these fires have tended to spread. They quickly get out of control, unless speedy and effective action is taken. The St David's Camp fire engine, alias a water bowser, has been called out on many occasions. The unit fire officer, the Regimental Sergeant Major, has been a busy man, as have both companies deployed in the UNBZ.

These are just some elements of the training and incidents that have happened in the Battalion's first month in Cyprus. No doubt there will be many more to look forward to as the tour progresses.



# B COY DANCON AT ANCIENT SKOURIOTISSA

By Zach Zachariassen



Settlements dating back 3,500 years have been found in the area of the village. The name Skouriotissa means "mountain of slag", and you can still see this mountain just outside the village. Copper mining has been going on here for more than 1500 years; the only time it was stopped was during the Roman period when there was a lack of wood for smelting.

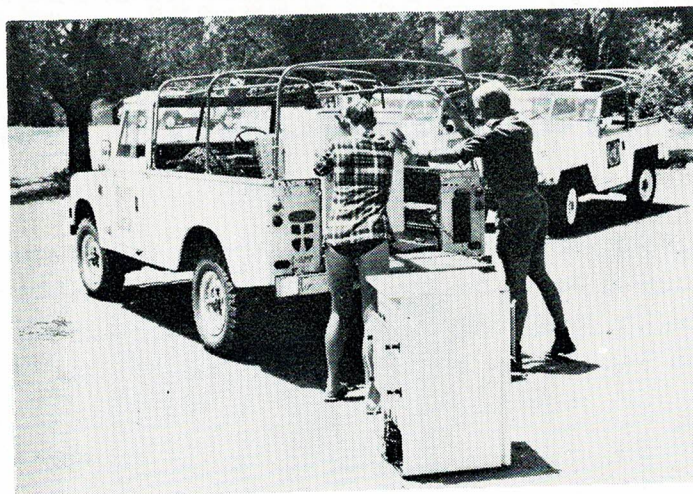
A new "Copper Age" started when an American company decided to excavate the mine at Skouriotissa, and the present slag heap is the end result.

The mining company in Cyprus is known as the Cyprus Mining Company (CMC). At the beginning of this century CMC hired the area around Skouriotissa from the church, and it was agreed that if CMC stopped mining, the land with houses built by CMC should revert to the church. The fighting in 1974 and its aftermath cut off the factory from the slag heap, and at the end of June 1975 CMC decided to stop mining.

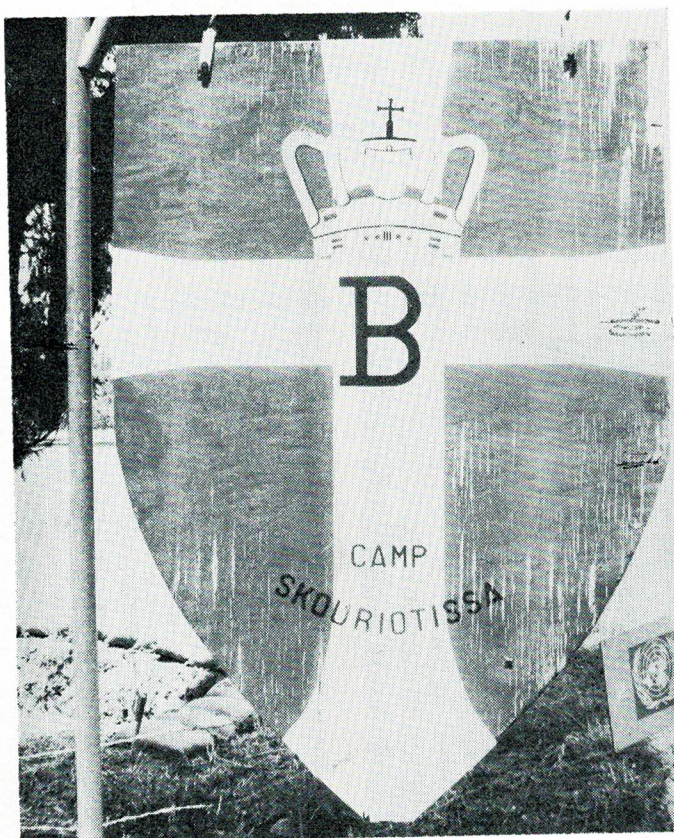
In 1974 DANCON was reinforced by A COY, accom-



Lunchtime in the Cookhouse.



Loading equipment for repair.



later in the Technical School at Xeros. Since the supply routes to the OPs in the eastern part of Sector 1 were so long, it was decided to transfer A COY from Xeros to Skouriotissa.

"Task Force Bravo" was established in August 1975 with the purpose of preparing the camp for B COY. At first Task Force Bravo had a strength of two men, and they took over the houses from the Bishop of Morphou, the new owner of the area after CMC had left. From CMC DANCON got all the furniture in the club on loan. Late in October 1975 Task Force Bravo was redesignated "Commando Bravo" with a strength of 20 men of all ranks, and it was decided to call the company B COY when it took over responsibilities from A COY in November 1975.

In November 1975 B COY was up to its present strength plus the Recce Platoon and an attached Ferret Troop. At the same time Sector 1 gave up the OPs from D-31 and eastwards to Sector 2.

Later developments have taken place; the Recce Platoon has disappeared and D-31 has returned to Sector 1.

Through the years the B COY camp in Skouriotissa has remained a lovely spot, relaxed and beautiful, because B COY DANCON has endeavoured to keep the atmosphere of the site

# THE GOOD THE BAD AND THE UGLY.

## AUSCON'S SUPPLY CREW

By Hubert Schermann

Three characters stand out at AUSCON's Supply store. The boss is called "Hermann the Monster"; subordinate him are the chief of the clothing department nicknamed "Gilbert der Pate" (Gilbert the Godfather) and the so-called "Moth". Although these names seem to be suspicious AUSCON's members are satisfied with having them, because behind those nicknames you find experienced UN soldiers who know all about the intricacies of the supply system.



"Hermann the Monster" (centre) and his supply crew.



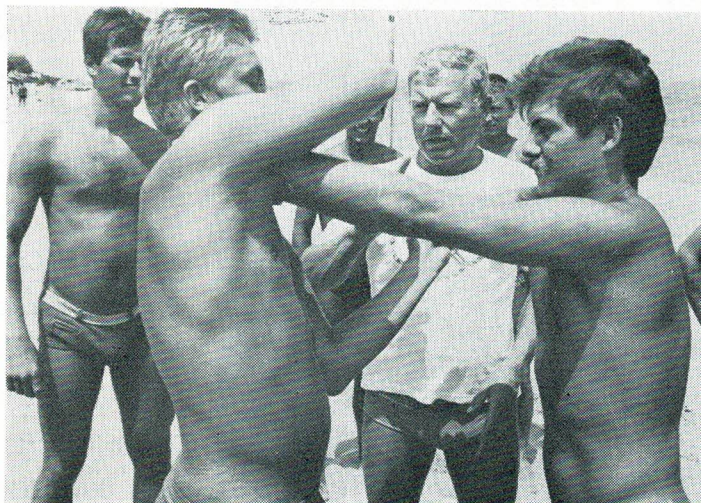
"Der Pate" (The Godfather) and the "Moth" standing quietly in front of their office.

# LIFE SAVING



81 issue). Surfboarding is the most popular recreational sport, and even surfboarders do get into trouble in strong winds – especially off-shore winds. It is compulsory for members of the Windsurfing Club to attend the Life Saving Course. Present WO1 Schimanek is the Course organiser and chief instructor and he has already trained many soldiers. It should be remembered that this is considered useful military training in most armed forces.

Many members of AUSCON attend a swimming and life saving course during their time with UNFICYP. Only last November an AUSCON soldier saved the life of a tourist (see Blue Beret Jan





L/Cpl Phil Hanson changing the engine on a Bedford 4 Tonner.

The UNFICYP Workshops REME provide a repair and recovery facility which is available to the whole of UNFICYP to supplement the indigenous support of units and contingents.

The Workshop is commanded by Major Ken Postgate, who is also Force Electrical and Mechanical Engineer, and supporting him are one officer, forty-one SNCOs and soldiers and twenty-one civilians. The junior ranks serve for 6 months in Cyprus and are drawn from units in Germany and UK.

Most of the civilian employees are employed by the British Government and some have been so employed for over 30 years.



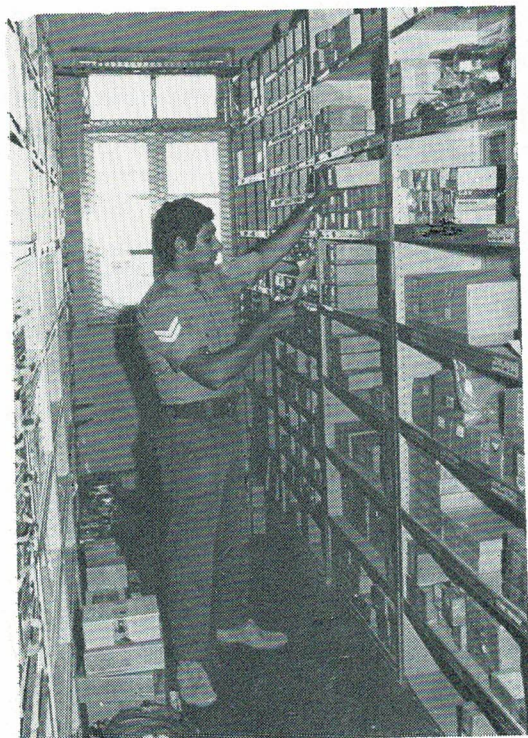
Cpl Con Reid w

# UNIT

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Cpl Les Machado on the Hyster

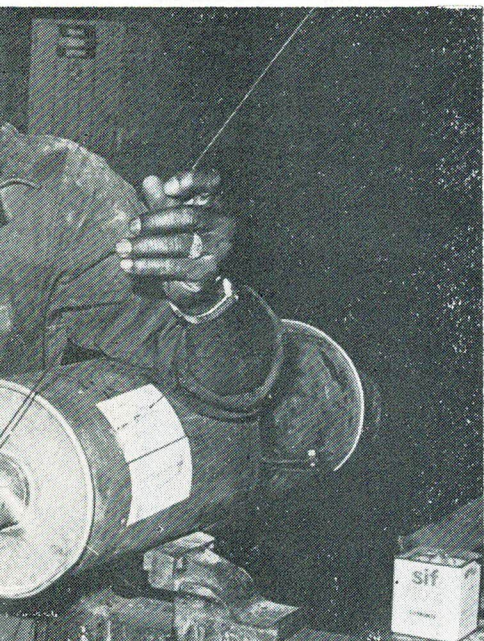


The work undertaken is extremely varied, from the repair of typewriters to tippers, from buses to bicycles, from radios to recovery trucks. To cope with this workload we employ vehicle mechanics, electricians, armourers, instrument mechanics, clerks, metalsmiths, telecommunications technicians, storemen and supply specialists. We also have two sergeants known as "Mr Landrover" with DANCON and SWEDCON to advise on the repair of British vehicles in the contingents. Civilian hire vehicles are looked after by Sgt Batty who works with the hire firm on our behalf. It is of interest to note that one "Mr Landrover" (Sgt Dave Blisset) received his British Long

By Major Ken Postgate







ford exhaust system.

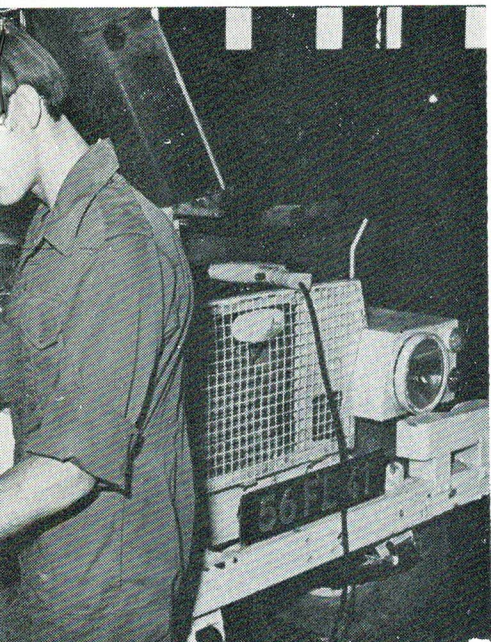
# FEATURE



# WORKSHOPS

# ME

Photographs by  
Bob Fousert



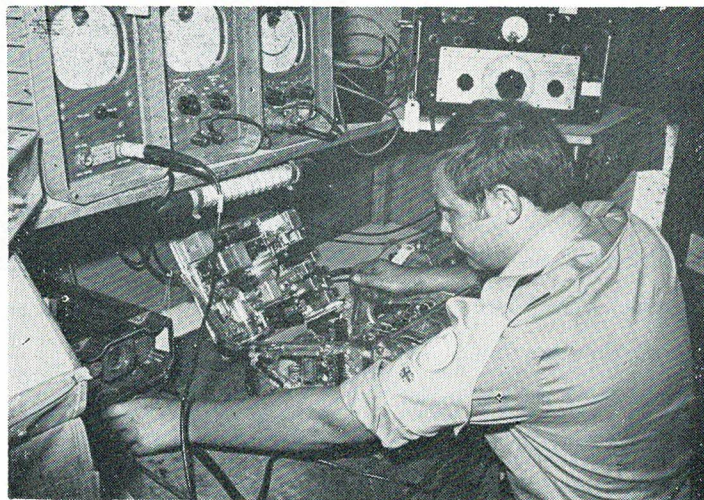
Service and Good Conduct medal from Commander SWEDCON in March (see April issue of The Blue Beret).

During the six months tour all the soldiers are encouraged to attend a one week course for canoeing, gliding, sub aqua, sailing or parachuting to introduce them to a new sport and interest.

The social centre of the unit is the Craftyman's Arms, which holds regular functions such as family Bar-B-Ques, games nights with other contingents and joins in the darts league and bowling competitions, as well as providing facilities for snooker, table tennis, darts, television and film shows. The Craftyman's



Sgt John Wilkinson and Sgt Alan Clifton carry out an inspection of a UN bus, in this case wheel bearings.

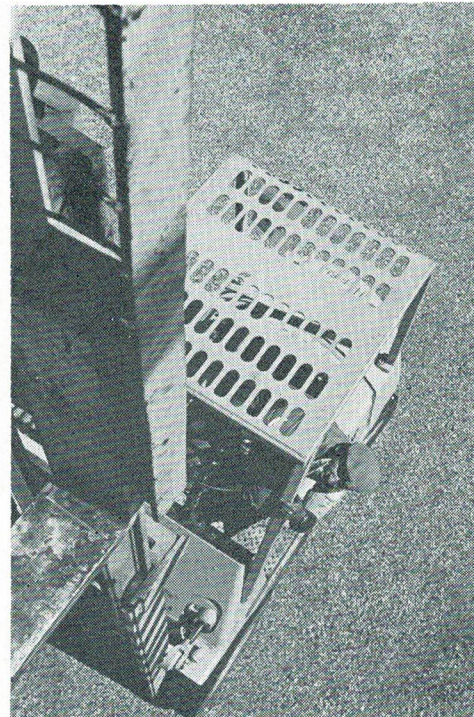


Cpl Barney Barnard carries out a tels check ona C42.



Arms also organises outings to places of interest on the island for its members.

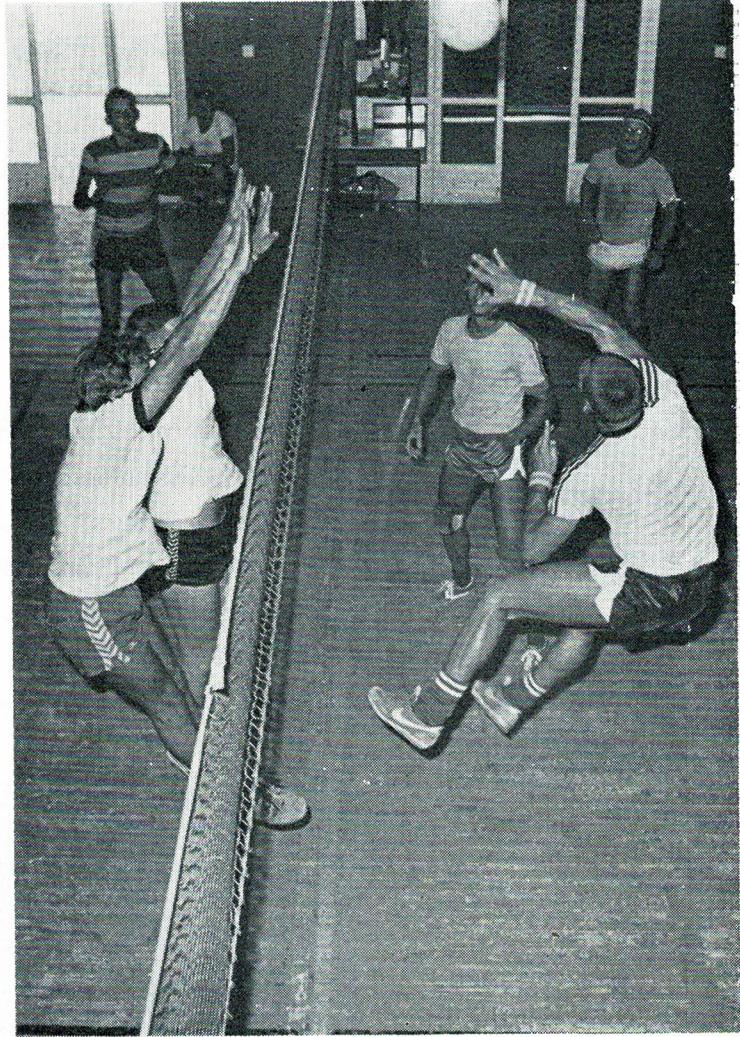
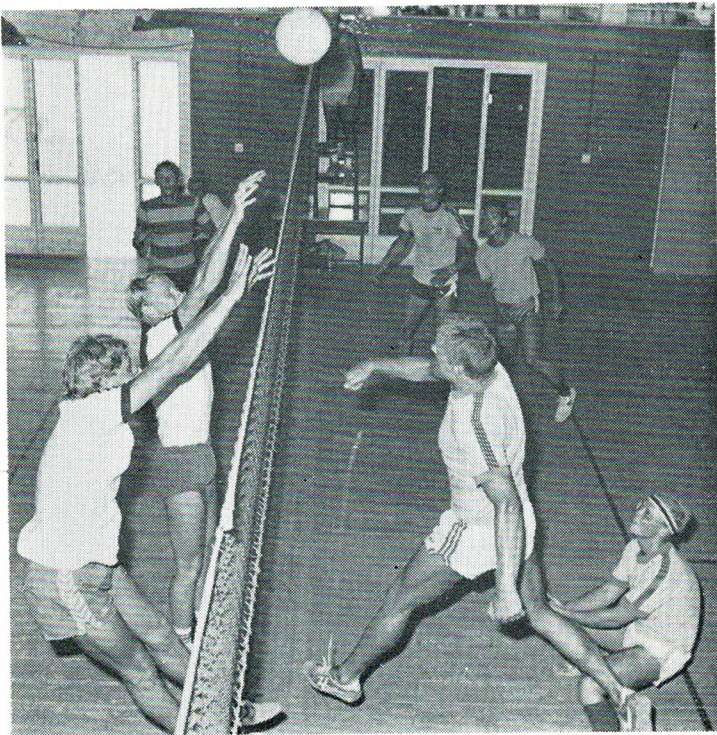
The UNFICYP Workshops REME is a closeknit body of craftsmen and technicians, each highly skilled in his own particular field, and the Craftyman's Arms ensures that a close family spirit is maintained between all ranks, their wives and children, and the families who visit from time to time.



# S Blue Beret SPORT

## VOLLEYBALL KNOCK OUT COMPETITION

On Friday 26th June CANCON hosted the UNFICYP Volleyball KO Competition. The matches were keenly contested and the best two teams met in the final. The standard of play was high and after a hard fought match SWEDCON just managed to overpower DANCON and win the Competition.



Attack repulsed!

Members of the winning Swedish team:

Capt PAULSEN  
Sgt KAMB  
Sgt WICKMAN  
Sgt ODELVIK  
Sgt ERIKSSON  
Pte RISTINMAA  
Pte BLIDMO

Pte PETERSSON  
Pte SKOBOWYTSH  
Pte CARLSSON  
Pte LANTZ  
Pte JANSSON  
Pte NILSSON



Mai Gen Gunther Greindl presents the Shield to the winning SWED-



# INTERNATIONAL COOKBOOK



## WHITE BEAN AND TUNA SALAD

### Ingredients:

- 1 lb canned white haricot beans
- 1 medium-sized onion, finely chopped.
- $\frac{1}{2}$  tbs white wine vinegar
- 2 tbs olive oil
- 1 tsp lemon juice
- 1 clove garlic, crushed
- 1 tsp salt
- $\frac{1}{2}$  tsp black pepper
- 2 tbs chopped fresh basil or 1 tbs dried basil
- 7 oz canned tuna fish, drained and coarsely flaked
- 6 black olives

### Method:

Put the beans and onion in a medium sized serving dish. In a small bowl, beat the vinegar, olive oil, lemon juice, garlic, salt, black pepper and basil together with a fork.

Pour the mixture over the beans and onion and toss well. Arrange the tuna fish and olives on top of the bean mixture and serve the salad at once.

## RUSSIAN SALAD

### Ingredients:

- 3 large cooked potatoes, diced
- 4 medium sized cooked carrots, diced
- 4 oz cooked french beans, halved
- 1 small onion, very finely chopped
- 4 oz cooked fresh peas
- 2 oz cooked tongue, diced
- 4 oz cooked chicken, diced
- 2 oz garlic sausage, diced
- 8 fl oz (1 cup) mayonnaise
- $\frac{1}{2}$  tsp cayenne pepper

### Garnish:

- 2 hard-boiled eggs, sliced
- 1 cooked beetroot, sliced
- 2 gherkins, thinly sliced

### Method:

In a large salad bowl, combine all of the salad ingredients except the mayonnaise and cayenne. Set aside.

In a small bowl, beat the mayonnaise and cayenne together with a fork until well blended. Spoon the mayonnaise into the salad bowl and toss well.

Garnish the salad with the eggs, beetroot and gherkins and chill in the fridge for 15 to 20 minutes

# SUPER SALADS

By Pip Johansson

## COLESLAW WITH CARAWAY

### Ingredients:

- 1 large white cabbage, (coarse outer leaves removed,) washed, cored and shredded
- 1 medium sized onion, finely chopped
- $\frac{1}{2}$  green pepper, (white pith removed), seeded and finely chopped
- $\frac{1}{2}$  tsp lemon juice
- 1 tablespoon caraway seeds

### Dressing:

- 6 fl oz double cream
- 3 fl oz ( $\frac{3}{8}$  cup) sour cream
- 1 tablespoon prepared French mustard
- 3 tablespoons lemon juice
- 1 tablespoon sugar
- $\frac{1}{2}$  teaspoon salt
- $\frac{1}{4}$  teaspoon white pepper

### Method:

Arrange shredded cabbage in a large serving dish and sprinkle with the onion, green pepper and lemon juice. Set aside. In a medium sized mixing bowl combine the double cream, sour cream, mustard and lemon juice, beating vigorously with a wooden spoon until thoroughly blended. Add the sugar, salt and pepper and mix well.

Pour the dressing over the shredded cabbage and add the caraway seeds to the mixture. Using two large spoons or forks, toss the cabbage mixture until it is completely saturated with dressing. Chill in fridge for at least one hour and serve cold.

## RICE AND HAM SALAD

### Ingredients:

- 8 oz ( $1\frac{1}{2}$  cups) long-grain rice, washed, soaked in cold water for 30 mins and drained
- 1 tsp salt
- 4 very thick slices cooked lean ham, diced
- 4 canned pineapple rings, drained and chopped
- 2 medium sized green peppers (white pith removed), seeded and coarsely chopped
- 1 red eating apple, cored and chopped

### Dressing:

- 1 egg yolk at room temperature
- $\frac{1}{4}$  tsp salt
- $\frac{1}{2}$  tsp dry mustard
- $\frac{1}{8}$  tsp white pepper
- 4 fl oz ( $\frac{1}{2}$  cup) olive oil at room temperature
- 1 tbs lemon juice
- 2 fl oz double cream
- $\frac{1}{4}$  tsp cayenne pepper

### Method:

Place the rice, salt and enough water just to cover the rice in a saucepan. Set the pan over a medium heat and bring the water to the boil. Reduce the heat to very low, cover the pan and simmer for 15 to 20 minutes, or until all the water has been absorbed and the rice is tender. Remove the pan from the heat and set the rice aside to cool completely.

To make the dressing, place the egg yolk, mustard and pepper in a mixing bowl. Using a whisk, beat the ingredients until they are thoroughly blended. Add the oil, a few drops at a time, whisking constantly. Do not add the oil too quickly or the mayonnaise will curdle. After the mayonnaise has thickened the oil may be added a little more rapidly. Beat in a few drops of lemon juice from time to time to prevent the mayonnaise from becoming too thick. When all the oil has been added, stir in the remaining lemon juice. Taste for seasoning and add salt, mustard or lemon juice if desired.

Stir in the cream, cayenne and chives and beat well.

Add the ham, pineapple, green peppers, and rice to the dressing. Toss the ingredients together roughly. Turn the salad out into a medium sized serving bowl. Place in the fridge to chill for 15 to 20 minutes before serving.

## POTATO, EGG AND ANCHOVY SALAD

### Ingredients:

- 1 lb new potatoes, cooked, peeled and sliced
- $\frac{1}{2}$  head of fennel, trimmed and thinly sliced
- 1 tbs finely chopped fresh chives
- 2 hard-boiled eggs, chopped
- 10 anchovy fillets, chopped
- 1 tbs red wine vinegar
- 2 tbs olive oil
- $\frac{1}{2}$  tsp salt
- $\frac{1}{2}$  tsp freshly ground black pepper
- 4 fl oz ( $\frac{1}{2}$  cup) mayonnaise
- 1 tbs capers

### Method:

In a medium sized mixing bowl combine the potatoes, fennel, chives, egg and anchovies.

In a small bowl, beat the vinegar, oil, salt and pepper together with a kitchen fork. Stir the mayonnaise into the dressing. Pour the mayonnaise mixture over the potato mixture and toss well with two forks until the ingredients are well mixed. Transfer the salad to a glass salad bowl and sprinkle the capers over the salad. Serve immediately or

# Out & About in Cyprus

Some five thousand years ago the area now known as Curium was inhabited, even before successive waves of Greek invaders, first Mycenaean, then Dorian, settled and enlarged the city and surrounding countryside. We are fortunate that they brought with them their culture and chose the site of the first Curium theatre on the very edge of a high bluff overlooking the sea.

During the 11th Century BC and through to the 4th Century BC, Curium became an important centre of trade and culture; Stasanor, King of Curium, played a decisive role in the Battle of Salamis in 498 BC, and Pasocrates, who was probably Curium's last King, was an ally of Alexander the Great.

Curium continued to flourish during the Egyptian and Roman administrations of Cyprus; the city was enlarged and the very old Greek theatre was rebuilt to house some 2,400 spectators in the 2nd Century AD.

During the 4th Century AD a series of earthquakes devastated the Paphos area and reduced Curium to rubble, successive generations using it as a stone quarry, and it was not until the 19th Century AD that excavations were begun and the ancient beauty of the city was brought to light once more. In 1873 the ruins were explored by General Censola, and a great treasure of gold ornaments, pottery and bronze statues were unearthed which are now housed in the New York Metropolitan Museum. During the 1930's excavation was continued, and in 1961 the reconstruction of the theatre was undertaken.



## Shakespeare at

By Erica Jeffree

1,500 years after the last Roman theatre production at Curium, the amphitheatre was once more the setting for a concert. In 1959 a band concert was performed by the Band of the Royal Engineers before an audience of 200 people, and since then it has again become a centre for musical and theatrical productions in Cyprus.

Over the past twenty years a tradition has grown for a production of a Shakespearean play to be produced each summer. In 1962 "A Midsummer Night's Dream" was pro-

### "The . . . ."



Gonzalo speaks with hope to the King of Naples.

duced on a shoestring by the Anti TB Committee of Limassol (now the Committee for Chest Diseases). It was such a resounding success that the Committee has been producing Shakespeare at Curium each year since.

Needless to say, the popularity of this annual production is such that many members of UNFICYP make the effort to visit Curium and watch the play on one of the three nights it is staged. This year was no exception and two coach-loads from HQ UNFICYP travelled down to Curium to watch "The Tempest". An added attraction for the evening's entertainment is that members of the audience are encouraged to bring along their own buffet supper and refreshments; a soft cushion, a blanket for the chilly air, food and drink really enhance the atmosphere.

This year's production of "The Tempest" was perhaps

# Ancient Curium

and Tim Whitehead

of the natural surroundings ever staged. The play was one of the last Shakespeare wrote, and the theme is the recovery of what is lost, and the need for hope when all seems hopeless.

The Tempest has many qualities in common with other Shakespeare plays, enchantments, comedy and sadness, yet it differs from them all in that the deepest truths about mankind are probed with the lightest touch. In the beauty of the verses, the good and bad are plain to see in each of the cha-

## Tempest"

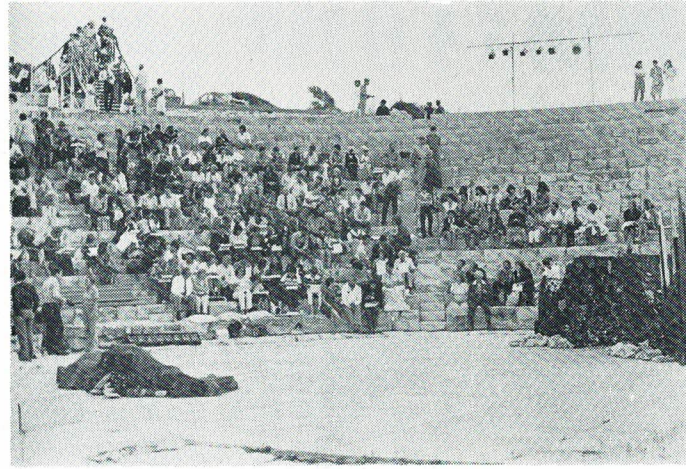


Prospero rebukes Caliban, the deformed and wicked slave.

acters, and all stand in need of forgiveness. Caliban, the embodiment of all that is evil, speaks lines of beautiful poetry.

The scene of the story is an island. In an awe-inspiring tempest created by Prospero's magic arts, a ship drifts towards the rocks. The master and crew fight bravely to keep her on course and the noble passengers await their doom. On shore, watching, are Prospero and his daughter, Miranda. She is terribly sad as she supposes that the ship's crew have perished and reproaches her father for creating the storm, but he assures her that all will still be well.

On board were his former enemies: his brother Antonio usurper of his dukedom of Milan and Alonso his accomplice King of Naples, Alonso's son Ferdinand, and other courtiers. Ferdinand comes ashore alone believing the others are



The seats at Curium were full an hour later.

spirit Ariel who serves Prospero who leads him to a meeting with Miranda, whereupon they fall in love.

Among the courtiers of the King of Naples is the wily adviser Gonzalo, who helped Prospero at the time of his banishment with food, clothing and books, enabling him to bring Miranda to come safely ashore on the island a dozen years before. After the shipwreck Gonzalo is the only one in the King's company who speaks with hope but the others mock him. Antonio and Sebastian, brother of the King of Naples, plot to murder the king and Gonzalo while they sleep, but Ariel wakens them in time to prevent the murder.

It is Ariel's role to confront them with the full meaning of their sins. Ariel stands before them as a spirit of judgment denouncing their evil ways. The King and his companions cannot at first understand the words and are seized by bewilderment and desperation. They come into Prospero's presence in a state of utter confusion, and Prospero is moved by the sight of them, as Ariel predicted, and feels deep compassion for them. Forgiving their wicked deeds and the injuries they have done to himself and Miranda, he restores Ferdinand now betrothed to Miranda, to his father, and peace and order are regained at last.

Prospero's last command to Ariel, before freeing the spirit, is for a fair soft wind to take them all to Naples.

Caliban, the deformed and wicked slave, speaks lines of great beauty which sum up the atmosphere of enjoyment at Shakespeare at Curium:

"Be not afeared, the isle is full of noises, Sounds and sweet airs that give delight and hurt not".



# MILITARY POLICE COMPANY

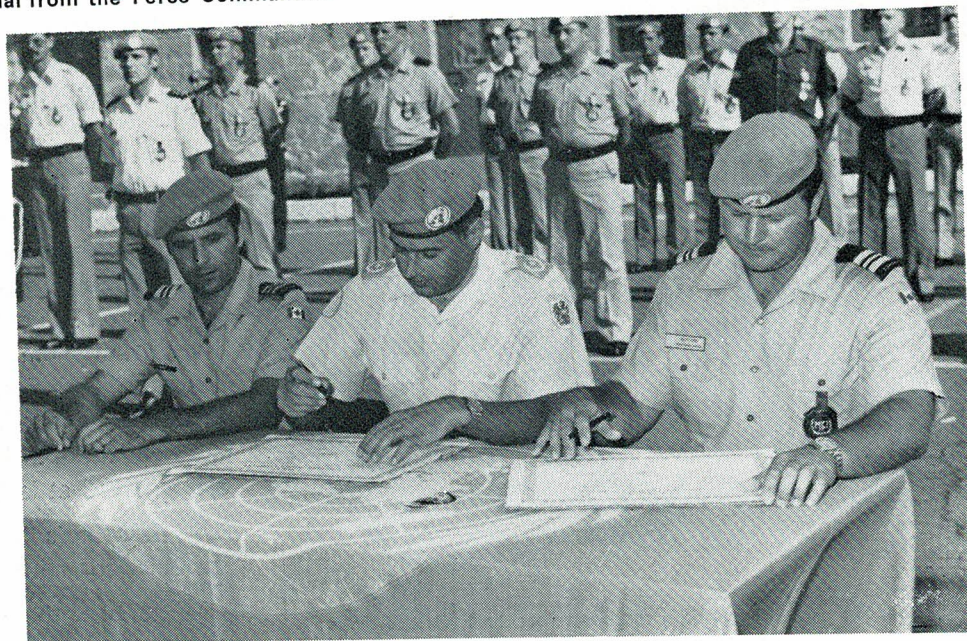


WO 2 Dan Cederquist receives his medal from the Force Commander.

The MP Company held their Medal Parade at their Headquarters in the UNPA Nicosia on the afternoon of Wednesday 24th June. The Band of the Green Howards gave the musical support and Maj Gen Gunther Greindl presented the UN medals.

**Pictorial  
news**

## MEDAL PARADE

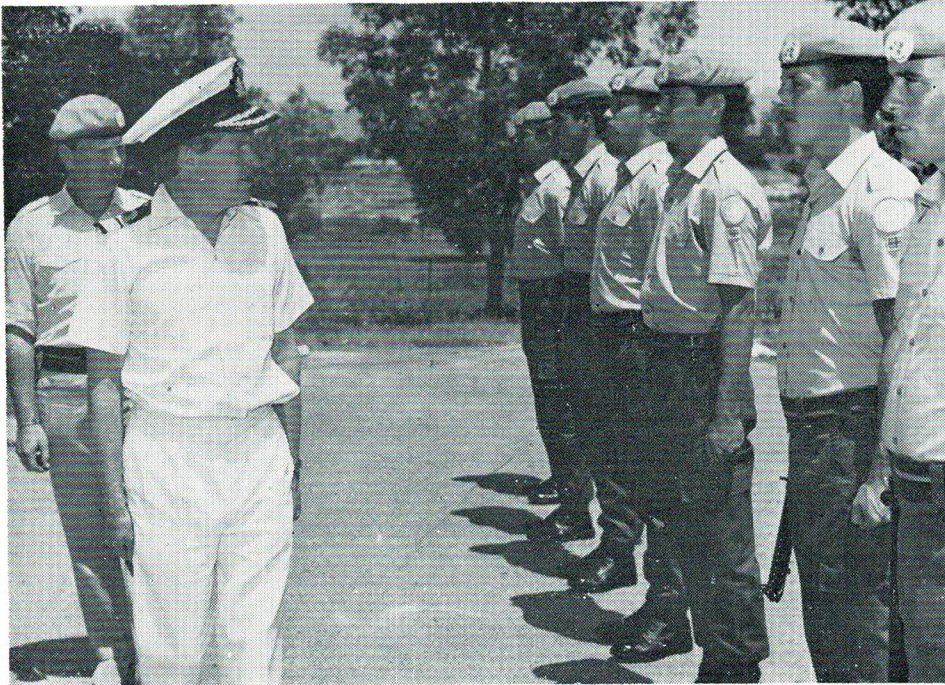


The Force Commander with the Officer Commanding MP Company, Major Tom Haney on his left and the OC Designate, Major Sam Marcotte, on his right.



## NEW CEO

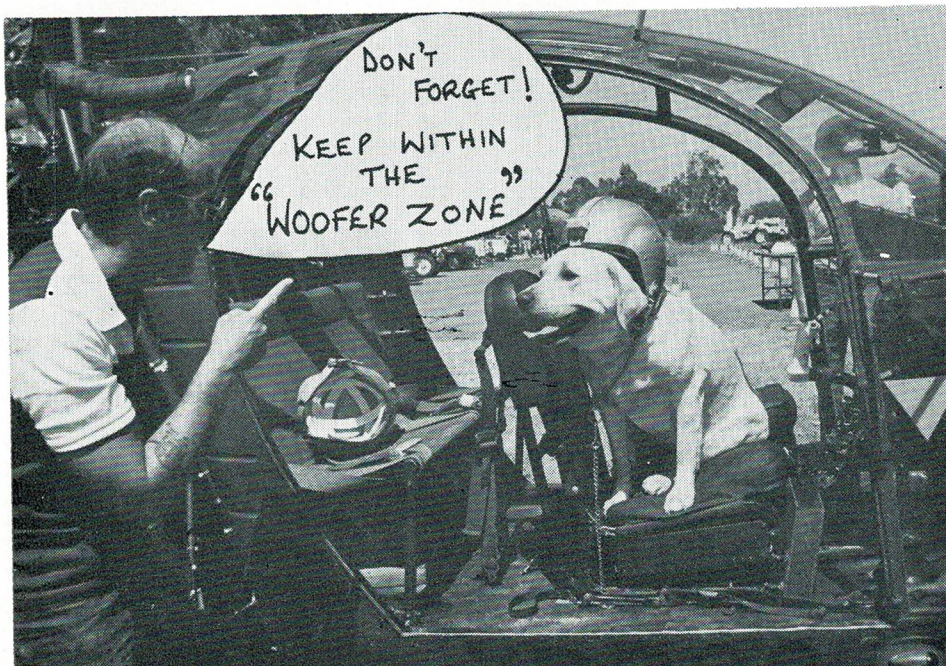
Lt Col Gunnar Postrup, SWEDCON, (on the left) shakes hands with the outgoing Chief Economics Officer, Lt Col MacMahon, IRCON.



# VISITORS

On Friday 17th June Rear Admiral D Brown, Assistant Chief of Defence Staff (Operations), visited BRITCO. He is seen here inspecting the Forward Scout Car Squadron (Duke of Edinburgh's Squadron QRH), followed by the Squadron Leader, Major Derek Callaghan.

On Friday 19th June Maj Gen Azinas, Acting Commander of the National Guard, visited HQ UNFICYP. He is seen talking to Maj Gen Gunther Greindl (on the left).



## PHOTO

## CAPTION

## COMPETITION

The Photo Caption Competition is to end for a while, but the winning caption for the latest photo came from SSgt Fishwick.



# UN NEWS



## Disability: the facts (Continued from June Issue)

### The disability syndrome

The physical and mental impairments suffered by many of those we call disabled need not incapacitate them from becoming full members of society if the right kind of attention is paid to their needs. It is important, therefore, to understand the concepts of "impairment", "disability", and "handicap", and the relentless escalation people undergo from one condition to another.

#### IMPAIRMENT

"Impairment": a missing or defective body part; paralysis after polio; diabetes; mental retardation; nearsightedness.



ICEF 8642

#### Prevention

- ★ **Medical:** vaccination against communicable diseases such as polio; effective antenatal and neonatal care, with special attention to high-risk pregnancies.
- ★ **Social/economic:** alleviation of poverty; nutrition education; higher overall education level; improved food distribution.
- ★ **Environmental:** design of safer buildings and vehicles; traffic legislation; public health standards at workplace.

#### DISABILITY

"Disability": difficulty in seeing, speaking, hearing, writing, walking, conceptualizing, or in any other function within the range considered normal for a human being.



ICEF 8639

#### Prevention

Some kinds of "impairment" inevitably lead to "disability", such as congenital deafness. Others can be prevented from doing so by early treatment, or reversed.

- ★ **Medical:** availability of medical services, and early treatment of diseases such as trachoma; psychiatric services; nutritional rehabilitation; health campaigns.
- ★ **Social/economic:** attempt to change negative social and cultural attitudes towards impairment; vocational counselling.

#### HANDICAP

"Handicap": a "disability" has interfered with the development of ability to do what is normally expected at a certain age.



ICEF 8203

#### Prevention

Measures preventing escalation to a condition of handicapping can also be thought of as curative and rehabilitative.

- ★ **Medical:** physiotherapy, speech therapy; provision of prostheses and orthoses.
- ★ **Social/economic:** special education; early stimulation for young child; braille, lip-reading, sign language; employment and sheltered workshops; public education campaigns.
- ★ **Environmental:** removal of architectural barriers; provision of transportation.

### Invisible disabilities

A high proportion of impairments and disabilities are the end-result of an absence of knowledge or medical attention about common diseases or at-risk health conditions. Some such conditions are not conventionally thought of as disabilities.

#### MATERNITY-RELATED

There are 110 million births each year, 75% in developing countries, where perinatal risks are much higher and newborn have lower birth weight, itself a contributor to disability-producing sequelae. A fetus can be severely affected during pregnancy by disease in mother such as rubella, syphilis. Complications during delivery can also damage newborn. 0.5% world population disabled in these ways.



ICEF 7221

#### DEBILITY

Certain diseases reduce a person's productive life by around 15%, and are indirectly disabling. Examples: **malaria:** cause of 30% of health centre consultations in Africa; **schistosomiasis (bilharzia):** affects 200 million, many with severe lassitude; **TB:** annual risk rate is 2% in some developing countries.

#### MALNUTRITION

The most severe form, protein-energy malnutrition, affects 100 million children under 5 in developing countries; it can permanently stunt growth, physically and mentally (see p.6). 250,000 children go blind each year from vitamin A deficiency (see p.10); iodine deficiency causes endemic goitre (200 million affected), sometimes leading to cretinism; iron deficiency (anaemia) also causes impairment.



ICEF 6884

#### COMPLICATIONS

Some disabilities derive not from the original disease, but from its complications. Untreated scabies (skin infection) can lead to kidney malfunction, hypertension; a continual cold can lead to deafness; alcoholism and drug abuse can lead to hepatic damage, trauma from accidents, depression, anxiety.

#### SECLUSION

Negative attitudes towards people with impairments, causing children to be hidden from sight, kept in dark room, deprived of stimulation and normal social contact, ostracized, constitute much graver disabilities than the impairments themselves. In developing world, this feature of social life is common, but no reliable data available on which to quantify numbers affected.